

# **IIMAN**

**Institute of Integrated Medicine & Applied Nutrition**

**Website:** <https://iimanweb.com/>

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Committed team of Health Care Professionals promoting the Science & Art of Healing by adopting Innovative approaches. Our Focus is Effective integration of Modern Molecular Medicine with Novel Energy Medicinal tools as adjunctive therapies to achieve the best health outcomes i.e.

1. Cupping Therapy
2. Food Pharmacology
3. Bio-Resonance - Bio Field Techniques
4. Spiritual Healing - Self Regulatory Techniques by using GCLP

**IIMAN Programs are divided into:**

1. Core Courses (Essential Knowledge & Foundation Skills)
2. Advanced Courses (Advanced Professional Therapeutic Skills)

## **Core Course 1: (Foundation of Integrated Medicine)**

### **Objectives:**

This Program is designed to Provide Core Alignment about Scientific & Therapeutic Integration mechanism of Modern Molecular Medicine with Novel Energy Medicinal tools with Elementary Orientation about relevant Clinical Skills.

### **Learning Outcomes:**

In the end of a session Participants would be able apply acquired knowledge to improve clinical outcome by using Energy Medicinal Tools as Adjunctive Therapeutic Method in following common medical disorders (Osteoarthritis, Rheumatoid Arthritis, Cervical &

Lumber Spondylosis, Stress, Anxiety, Insomnia, Depression, Infertility, Polycystic Ovarian Syndrome, Acne, Allergies, Skin disorders ( Eczema, Psoriasis) Gastritis & Ulcers, Irritable Bowel Syndrome)

### **Course Outline & Roadmap:**

1. This course is composed of 3 Credit Hours
2. Total of 12 sessions (Theory & Practical – Hands on Sessions)
3. Theory & Practical – Hands on Sessions would cover;
  - a. Core Knowledge of Energy Medicine
  - b. Essential Clinical Knowledge
  - c. Skill Orientation
4. Assessment
5. Certification

### **Teaching Faculty**

Prof. Dr. Rafeeq Khanani

Prof. Dr. Sheikh Nadeem Ahmed

Prof. Dr. Kashif Ikram

Prof. Dr. Asif Ahmed

### **Who Can Attend?**

1. Medical Graduates ( Registered with Pakistan Medical Commission)
2. Dental Graduates ( Registered with Pakistan Medical Commission)
3. Hakims (Registered with Tibb Council - Pakistan)

### **Coordinator:**

*Dr. Sumreen Mujahid*